

# Sustainability

**Sustainability** is the capacity to endure. In **ecology** the word describes how biological systems remain diverse and productive over time. For humans it is the potential for long-term maintenance of well being, which in turn depends on the maintenance of the natural world and natural resources. [\[ 1 \]](#)

Sustainability has become a wide-ranging term that can be applied to almost every facet of life on Earth, from local to a global scale and over various time periods. Long-lived and healthy wetlands and forests are examples of sustainable biological systems. Invisible chemical cycles redistribute water, oxygen, nitrogen and carbon through the world's living and non-living systems, and have sustained life since the beginning of time. As the earth's human population has increased, natural ecosystems have declined and changes in the balance of natural cycles has had a negative impact on both humans and other living systems. [\[ 2 \]](#) Paul Hawken has written that "Sustainability is about stabilizing the currently disruptive relationship between earth's two most complex systems—human culture and the living world."

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Ways of living more sustainably can take many forms from reorganising living conditions (e.g., ecovillages, eco-municipalities and sustainable cities), reappraising economic sectors (permaculture, green building, sustainable agriculture), or work practices (sustainable architecture), using science to develop new technologies (green technologies, renewable energy), to adjustments in individual lifestyles that conserve natural resources.

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## Definition



movement pointed out that there were environmental costs associated with the many material benefits that were now being enjoyed. In the late 20th century, environmental problems became global in scale. [\[ 32 \]](#) [\[ 33 \]](#) [\[ 34 \]](#) [\[ 35 \]](#)

The 1973 and 1979 energy crises demonstrated the extent to which the global community had become dependent on non-renewable energy resources.

In the 21st century, there is increasing global awareness of the threat posed by the human-induced enhanced [greenhouse effect](#), produced largely by forest clearing and the burning of fossil fuels. [\[ 36 \]](#) [\[ 37 \]](#)

## Principles and concepts

The philosophical and analytic framework of sustainability draws on and connects with many different disciplines and fields; in recent years an area that has come to be called [sustainability science](#) has emerged. Sustainability science is not yet an autonomous field or discipline of its own, and has tended to be problem-driven and oriented towards guiding decision-making.

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## Scale and context

Sustainability is studied and managed over many scales (levels or frames of reference) of time and space and in many contexts of environmental, social and economic organization. The focus ranges from the total carrying capacity (sustainability) of planet Earth to the sustainability of economic sectors, ecosystems, countries, municipalities, neighbourhoods, home gardens, individual lives, individual goods and services, occupations, lifestyles, behaviour patterns and so on. In short, it can entail the full compass of biological and human activity or any part of it. [\[ 39 \]](#) As Daniel Botkin, author and environmentalist, has stated: "We see a landscape that is always in flux, changing over many scales of time and space."

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## Consumption — population, technology, resources

The overall driver of human impact on Earth systems is the destruction of biophysical resources, and especially, the Earth's ecosystems. The total environmental impact of a community or of humankind as a whole depends both on population and impact per person,

which in turn depends in complex ways on what resources are being used, whether or not those resources are renewable, and the scale of the human activity relative to the carrying capacity of the ecosystems involved. Careful resource management can be applied at many scales, from economic sectors like agriculture, manufacturing and industry, to work organizations, the consumption patterns of households and individuals and to the resource demands of individual goods and services. [\[ 41 \]](#) [\[ 42 \]](#)

One of the initial attempts to express human impact mathematically was developed in the '70s and is called the I PAT formula. This formulation attempts to explain human consumption in terms of three components: population numbers, levels of consumption (which it terms "affluence", although the usage is different), and impact per unit of resource use (which is termed "technology", because this impact depends on the technology used). The equation is expressed:

$$I = P \times A \times T$$

Where: I = Environmental impact, P = Population, A = Affluence, T = Technology  
[\[ 43 \]](#)

## Measurement

Main article: [Sustainability measurement](#)

Sustainability measurement is a term that denotes the measurements used as the quantitative basis for the informed management of sustainability. [\[ 44 \]](#) The metrics used for the measurement of sustainability (involving the sustainability of environmental, social and economic domains, both individually and in various combinations) are still evolving: they include indicators, benchmarks, audits, indexes and accounting, as well as assessment, appraisal

[\[ 45 \]](#)  
and other reporting systems. They are applied over a wide range of spatial and temporal scales.

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[\[ 47 \]](#)  
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Some of the best known and most widely used sustainability measures include corporate [sustainability reporting](#), Triple Bottom Line accounting, and estimates of the quality of sustainability governance for

individual countries using the [Environmental Sustainability Index](#) and [Environmental Performance Index](#)

## Population

Main article: Population control



Graph showing human population growth from 10,000 BC – AD 2000, illustrating current exponential growth

According to the 2008 Revision of the official United Nations population estimates and projections, the world population is projected to reach 7 billion early in 2012, up from the current 6.9 billion (May 2009), to exceed 9 billion people by 2050. Most of the increase will be in developing countries whose population is projected to rise from 5.6 billion in 2009 to 7.9 billion in 2050. This increase will be distributed among the population aged 15–59 (1.2 billion) and 60 or over (1.1 billion) because the number of children under age 15 in developing countries will decrease. In contrast, the population of the more developed regions is expected to undergo only slight increase from 1.23 billion to 1.28 billion, and this would have declined to 1.15 billion but for a projected net migration from developing to developed countries, which is expected to average 2.4 million persons annually from 2009 to 2050. [ 48 ] Long-term estimates of global population suggest a peak at around 2070 of nine to ten billion people, and then a slow decrease to 8.4 billion by 2100. [

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Emerging economies like those of China and India aspire to the living standards of the Western world as does the non-industrialized world in general. [ 50 ] It is the combination of population increase in the developing world and unsustainable consumption levels in the developed world that poses a stark challenge to sustainability.

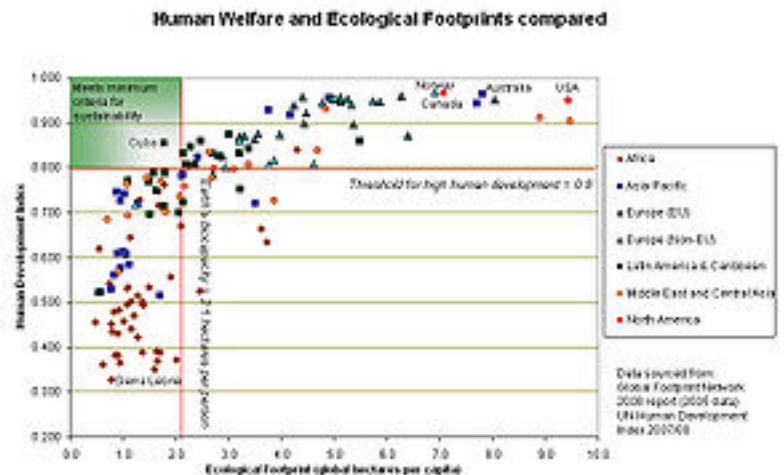
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## Carrying capacity

Further information: [Carrying capacity](#)



Ecological footprint for different nations compared to their Human Development Index (HDI)

More and more data are indicating that humans are not living within the carrying capacity of the planet. The [Ecological footprint](#) measures human consumption in terms of the biologically productive land needed to provide the resources, and absorb the wastes of the average global citizen. In 2008 it required 2.7 global hectares per person, 30% more than the natural biological capacity of 2.1 global hectares (assuming no provision for other organisms).

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The resulting ecological deficit must be met from unsustainable *extra*

sources and these are obtained in three ways: embedded in the goods and services of world trade; taken from the past (e.g. fossil fuels); or borrowed from the future as unsustainable resource usage (e.g. by over exploiting forests and fisheries).

The figure (right) compares the sustainability of countries by contrasting their Ecological Footprint with their UN [Human Development Index](#) (a measure of standard of living). The graph shows what is necessary for countries to maintain an acceptable standard of living for their citizens while, at the same time, maintaining sustainable resource use. The general trend is for higher standards of living to become less sustainable. As always population growth has a marked influence on levels of consumption and the efficiency of resource use.

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The sustainability goal is to raise the global standard of living without increasing the use of resources beyond globally sustainable levels; that is, to not exceed "one planet" consumption. Information generated by reports at the national, regional and city scales confirm the global trend towards societies that are becoming less sustainable over time.

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### Global human impact on biodiversity

Further information: [Millennium Ecosystem Assessment](#)

At a fundamental level energy flow and biogeochemical cycling set an upper limit on the number and mass of organisms in any ecosystem. [ [55](#) ] Human impacts on the Earth are demonstrated in a general way through detrimental changes in the global biogeochemical cycles of chemicals that are critical to life, most notably those of water, oxygen, carbon, nitrogen and phosphorus.

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The *Millennium Ecosystem Assessment* is an international synthesis by over 1000 of the world's leading biological scientists that analyses the state of the Earth's ecosystems and provides summaries and guidelines for decision-makers. It concludes that human activity is having a significant and escalating impact on the biodiversity of world ecosystems, reducing both their resilience and biocapacity. The report refers to natural systems as humanity's "life-support system", providing essential "[ecosystem services](#)".

The assessment measures 24 ecosystem services concluding that only four have shown improvement over the last 50 years, 15 are in serious decline, and five are in a precarious condition.

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### Environmental dimension

Healthy ecosystems provide vital goods and services to humans and other organisms. There are two major ways of reducing negative human impact and enhancing ecosystem services:



a) [Environmental management](#) . This direct approach is based largely on information gained from earth science, environmental science and conservation biology.

However, this is management at the end of a long series of indirect causal factors that are initiated by human consumption, so a second approach is through demand management of human resource use.

b) Management of human consumption of resources, an indirect approach based largely on information gained from economics. Herman Daly has suggested three broad criteria for ecological sustainability: renewable resources should provide a sustainable yield (the rate of harvest should not exceed the rate of regeneration); for non-renewable resources there should be equivalent development of renewable substitutes; waste generation should not exceed the assimilative capacity of the environment. [\[ 58 \]](#) **Environmental management**

Main article: [Sustainability and environmental management](#)

At the global scale and in the broadest sense environmental management involves the oceans, freshwater systems, land and atmosphere, but following the sustainability principle of scale it can be equally applied to any ecosystem from a tropical rainforest to a home garden. [\[ 59 \]](#) [\[ 60 \]](#)

### Atmosphere

In March 2009 at a meeting of the [Copenhagen Climate Council](#) 2,500 climate experts from 80 countries issued a keynote statement that there is now "no excuse" for failing to act on global warming and that without strong carbon reduction targets "abrupt or irreversible" shifts in climate may occur that "will be very difficult for contemporary societies to cope with".

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Management of the global atmosphere now involves assessment of all aspects of the carbon cycle to identify opportunities to address human-induced climate change and this has become a major focus of scientific research because of the potential catastrophic effects on biodiversity and human communities (see Energy below).

Other human impacts on the atmosphere include the air pollution in cities, the pollutants including toxic chemicals like nitrogen oxides, sulphur oxides, volatile organic compounds and particulate matter that produce photochemical smog and acid rain, and the chlorofluorocarbons that degrade the ozone layer. Anthropogenic particulates such as sulphate aerosols in the atmosphere reduce the direct irradiance and reflectance (albedo) of the Earth's surface. Known as global dimming the decrease is estimated to have been about 4% between 1960 and 1990

although the trend has subsequently reversed. Global dimming may have disturbed the global water cycle by reducing evaporation and rainfall in some areas. It also creates a cooling effect and this may have partially masked the effect of greenhouse gases on global warming. [ 63 ]

### Freshwater and Oceans

Water covers 71% of the Earth's surface. Of this, 97.5% is the salty water of the oceans and only 2.5% freshwater, most of which is locked up in the Antarctic ice sheet. The remaining freshwater is found in lakes, rivers, wetlands, the soil, aquifers and atmosphere. Awareness of the global importance of preserving water for ecosystem services has only recently emerged as, during the 20th century, more than half the world's wetlands have been lost along with their valuable environmental services. Increasing urbanization pollutes clean water supplies and much of the world still does not have access to clean, safe water. [ 64 ] Greater emphasis is now being placed on the improved management of blue (harvestable) and green (soil water available for plant use) water, and this applies at all scales of water management.

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Ocean circulation patterns have a strong influence on climate and weather and, in turn, the food supply of both humans and other organisms. Scientists have warned of the possibility, under the influence of climate change, of a sudden alteration in circulation patterns of ocean currents that could drastically alter the climate in some regions of the globe. [ 66 ] Ten per cent of the world's population – about 600 million people – live in low-lying areas vulnerable to sea level rise.

### Land use



A rice paddy. Rice, wheat, corn and potatoes make up more than half the world's food supply

Loss of biodiversity stems largely from the habitat loss and fragmentation produced by the

human appropriation of land for development, forestry and agriculture as natural capital is progressively converted to man-made capital. Land use change is fundamental to the operations of the biosphere because alterations in the relative proportions of land dedicated to urbanisation, agriculture, forest, woodland, grassland and pasture have a marked effect on the global water, carbon and nitrogen biogeochemical cycles and this can impact negatively on both natural and human systems. [ 67 ] At the local human scale major sustainability benefits accrue from the pursuit of green cities and sustainable parks and gardens.

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Since the Neolithic Revolution about 47% of the world's forests have been lost to human use. Present-day forests occupy about a quarter of the world's ice-free land with about half of these occurring in the tropics [ 70 ] In temperate and boreal regions forest area is gradually increasing (with the exception of Siberia), but deforestation in the tropics is of major concern.

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Food is essential to life and feeding more than six billion human bodies takes a heavy toll on the Earth's resources. This begins with the appropriation of about 38% of the Earth's land surface [

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and about 20% of its net primary productivity.

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Added to this are the resource-hungry activities of industrial agribusiness – everything from the crop need for irrigation water, synthetic fertilizers and pesticides to the resource costs of food packaging, transport (now a major part of global trade) and retail. Environmental problems associated with industrial agriculture and agribusiness are now being addressed through such movements as

[sustainable agriculture](#)

,

[organic farming](#)

and more sustainable business practices.

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## Management of human consumption



Helix of sustainability – the [carbon cycle](#) of manufacturing

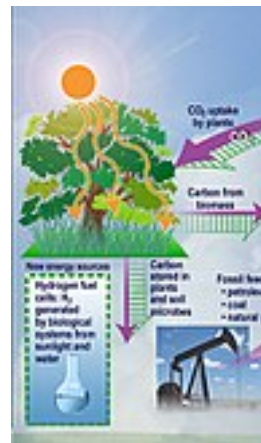
The underlying driver of direct human impacts on the environment is human consumption. [ 75 ] This impact is reduced by not only consuming less but by also making the full cycle of production, use and disposal more sustainable. Consumption of goods and services can be analysed and managed at all scales through the chain of consumption, starting with the effects of individual lifestyle choices and spending patterns, through to the resource demands of specific goods and services, the impacts of economic sectors, through national economies to the global economy.

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Analysis of consumption patterns relates resource use to the environmental, social and economic impacts at the scale or context under investigation. The ideas of embodied resource use (the total resources needed to produce a product or service), resource intensity (the resources needed for each dollar spent on a good or service), and resource productivity (the amount of good or service produced for a given input of resource) are important tools for understanding the impacts of consumption with simple key resource categories indicating human needs being food, energy, materials and water.

## Energy

Main articles: [Sustainable energy](#) , [Renewable energy](#) , and [Efficient energy use](#)



Flow of CO<sub>2</sub> in an [ecosystem](#)

The Sun's energy, stored by plants (primary producers) during photosynthesis, passes through the food chain to other organisms to ultimately power all living processes. Since the industrial revolution the concentrated energy of the Sun stored in fossilized plants as fossil fuels has been a major driver of technology which, in turn, has been the source of both economic and political power. In 2007 climate scientists of the IPCC concluded that there was at least a 90% probability that atmospheric increase in CO<sub>2</sub> was human-induced, mostly as a result of fossil fuel emissions but, to a lesser extent from changes in land use. Stabilizing the world's climate will require high income countries to reduce their emissions by 60-90% over 2006 levels by 2050 which should hold CO<sub>2</sub> levels at 450-650 ppm from current levels of about 380 ppm. Above this level and temperatures could rise by more than 2°C to produce "catastrophic"

[climate change](#)

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Reduction of current CO

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levels must be achieved against a background of global population increase and developing countries aspiring to energy-intensive high consumption Western lifestyles.

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Reducing greenhouse emissions, referred to as decarbonization, is being tackled at all scales, ranging from tracking the passage of carbon through the carbon cycle [ [80](#) ] to the commercialization of renewable energy, developing less carbon-hungry technology and transport systems and attempts by individuals to lead carbon neutral lifestyles by monitoring the fossil fuel use embodied in all the goods and services they use.

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### Water

Further information: [Water resources](#)

Water security and food security are inextricably linked. In the decade 1951-60 human water withdrawals were four times greater than the previous decade. This rapid increase resulted from scientific and technological developments impacting through the economy - especially the increase in irrigated land, growth in industrial and power sectors, and intensive dam construction on all continents. This altered the water cycle of rivers and lakes, affected their

water quality and had a significant impact on the global water cycle. [ 82 ] Currently towards 35% of human water use is unsustainable, drawing on diminishing aquifers and reducing the flows of major rivers: this percentage is likely to increase if climate change worsens, populations increase, aquifers become progressively depleted and supplies become polluted and unsanitary. [ 83 ]

From 1961 to 2001 water demand doubled - agricultural use increased by 75%, industrial use by more than 200%, and domestic use more than 400%.

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Humans currently use 40-50% of the globally available freshwater in the approximate proportion of 70% for agriculture, 22% for industry, and 8% for domestic purposes and the total volume is progressively increasing.

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Water efficiency is being improved on a global scale by increased demand management, improved infrastructure, improved water productivity of agriculture, minimising the water intensity (embodied water) of goods and services, addressing shortages in the non-industrialised world, concentrating food production in areas of high productivity; and planning for climate change. At the local level people are becoming more water-self-sufficient by harvesting rainwater and reducing use of mains water. [ 65 ] [ 85 ]

### Food

Further information: Food and [Food security](#)

The [American Public Health Association](#) (APHA) defines a "sustainable food system" [ 86 ] [ 87 ]

as "one that provides healthy food to meet current food needs while maintaining healthy ecosystems that can also provide food for generations to come with minimal negative impact to the environment. A sustainable food system also encourages local production and distribution infrastructures and makes nutritious food available, accessible, and affordable to all. Further, it is humane and just, protecting farmers and other workers, consumers, and communities."

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Concerns about the environmental impacts of agribusiness and the stark contrast between the obesity problems of the Western world and the poverty and food insecurity of the developing world have generated a strong movement towards healthy, sustainable eating as a major component of overall ethical consumerism.

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The environmental effects of different dietary patterns depend on many factors, including the proportion of animal and plant foods consumed and the method of food production.

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The World Health Organization has published a *Global Strategy on Diet, Physical Activity and Health* which was endorsed by the May 2004 World Health Assembly. It recommends the Mediterranean diet which is associated with health and longevity and is low in meat, rich in fruits and vegetables, low in added sugar and limited salt, and low in saturated fatty acids; the traditional source of fat in the Mediterranean is olive oil, rich in monounsaturated fat. The healthy rice-based Japanese diet is also high in carbohydrates and low in fat. Both diets are low in meat and saturated fats and high in legumes and other vegetables; they are associated with a low incidence of ailments and low environmental impact.

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At the global level the environmental impact of agribusiness is being addressed through [sustainable agriculture](#)

and

[organic farming](#)

. At the local level there are various movements working towards local food production, more productive use of urban wastelands and domestic gardens including

[permaculture](#)

,

[urban horticulture](#)

, local food, slow food,

[sustainable gardening](#)

, and organic gardening.

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### Materials, toxic substances, waste

As global population and affluence has increased, so has the use of various materials increased in volume, diversity and distance transported. Included here are raw materials, minerals, synthetic chemicals (including hazardous substances), manufactured products, food, living organisms and waste. [\[ 97 \]](#)

Sustainable use of materials has targeted the idea of dematerialization, converting the linear path of materials (extraction, use, disposal in landfill) to a circular material flow that reuses materials as much as possible, much like the cycling and reuse of waste in nature. [\[ 98 \]](#) This approach is supported by product stewardship and the increasing use of material flow analysis at all levels, especially individual countries and the global economy.

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Synthetic chemical production has escalated following the stimulus it received during the second World War. Chemical production includes everything from herbicides, pesticides and fertilizers to domestic chemicals and hazardous substances. [\[ 100 \]](#) Apart from the build-up of greenhouse gas emissions in the atmosphere, chemicals of particular concern include: heavy metals, nuclear waste, chlorofluorocarbons, persistent organic pollutants and all harmful chemicals capable of bioaccumulation. Although most synthetic chemicals are harmless there needs to be rigorous testing of new chemicals, in all countries, for adverse environmental and health effects. International legislation has been established to deal with the global distribution and management of dangerous goods.

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The waste hierarchy

Every economic activity produces material that can be classified as waste. The average human



uses 45-85 tonnes of materials each year. [ 97 ] To reduce waste industry, business and government are now mimicking nature by turning the waste produced by industrial metabolism into resource. Dematerialization is being encouraged through the ideas of

[industrial ecology](#)

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[ecodesign](#)

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and ecolabelling. In addition to the well-established “reduce, reuse and recycle” shoppers are using their purchasing power for ethical consumerism.

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### **Economic dimension**

Further information: [Ecological economics](#) and [Environmental economics](#) On one account, sustainability "concerns the specification of a set of actions to be taken by present persons that will not diminish the prospects of future persons to enjoy levels of consumption, wealth, utility, or welfare comparable to those enjoyed by present persons."

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Sustainability interfaces with economics through the social and ecological consequences of economic activity.

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Sustainability economics represents: "... a broad interpretation of ecological economics where environmental and ecological variables and issues are basic but part of a multidimensional perspective. Social, cultural, health-related and monetary/financial aspects have to be integrated into the analysis."

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However the concept of sustainability is much broader than the concepts of sustained yield of welfare, resources, or profit margins

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At present the average per capita consumption of people in the developing world is sustainable but population numbers are increasing and individuals are aspiring to high consumption Western lifestyles. The developed world population is only increasing slightly but consumption levels are unsustainable. The challenge for sustainability is to curb and manage Western consumption while raising the standard of living of the developing world without increasing its

resource use and environmental impact. This must be done by using strategies and technology that break the link between, on the one hand, economic growth and on the other, environmental damage and resource depletion.

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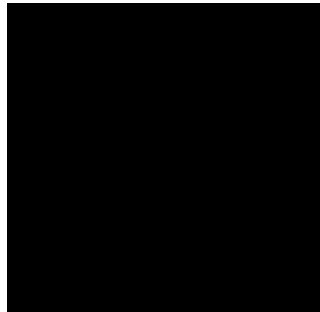
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In addressing this issue several key areas have been targeted for economic analysis and reform: the environmental effects of unconstrained economic growth; the consequences of nature being treated as an economic externality; and the possibility of an economics that takes greater account of the social and environmental consequences of market behaviour. [ [107](#) ]

### **Decoupling environmental degradation and economic growth**

Further information: [Ecological economics](#)



International Recycle Symbol

In the second half of the 20th century world population doubled, food production tripled, energy use quadrupled, and overall economic activity quintupled. [ [108](#) ] Historically there has been a close correlation between economic growth and environmental degradation: as communities grow, so the environment declines. This trend is clearly demonstrated on graphs of human population numbers, economic growth, and environmental indicators.

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Unsustainable economic growth has been starkly compared to the malignant growth of a cancer

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because it eats away at the Earth's ecosystem services which are its life-support system. There is concern that, unless resource use is checked, modern global civilization will follow the path of ancient civilizations that collapsed through overexploitation of their resource base.

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While conventional economics is concerned largely with economic growth and the efficient

allocation of resources, ecological economics has the explicit goal of sustainable scale (rather than continual growth), fair distribution and efficient allocation, in that order.

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The

[World Business Council for Sustainable Development](#)

states that "business cannot succeed in societies that fail".

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Sustainability studies analyse ways to reduce (decouple) the amount of resource (e.g. water, energy, or materials) needed for the production, consumption and disposal of a unit of good or service whether this be achieved from improved economic management, product design, new technology etc.

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Ecological economics includes the study of societal metabolism, the throughput of resources that enter and exit the economic system in relation to environmental quality.

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### **Nature as an economic externality**

Further information: [Ecosystem services](#)

The economic importance of nature is indicated by the use of the expression ecosystem services to highlight the market relevance of an increasingly scarce natural world that can no longer be regarded as both unlimited and free. [ [119](#) ] In general as a commodity or service becomes more scarce the price increases and this acts as a restraint that encourages frugality, technical innovation and alternative products. However, this only applies when the product or service falls within the market system. [ [12](#)

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As ecosystem services are generally treated as economic externalities they are unpriced and therefore overused and degraded, a situation sometimes referred to as the Tragedy of the Commons.

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One approach to this dilemma has been the attempt to "internalise" these "externalities" by using market strategies like ecotaxes and incentives, tradeable permits for carbon, water and nitrogen use etc., and the encouragement of payment for ecosystem services. Community currencies such as LETS, a gift economy and Time Banking have also been promoted as a way of supporting local economies and the environment. [ [121](#) ] [ [122](#) ] Green economics is another market-based attempt to address issues of equity and the environment.

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The global recession and a range of government policies that have been connected to that, are likely to bring the biggest annual fall in the world's carbon dioxide emissions in 40 years.

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### **Economic opportunity**

Treating the environment as an externality may generate short-term profit at the expense of sustainability. [ [125](#) ] [Sustainable business](#) practices, on the other hand, integrate ecological concerns with social and economic ones (i.e., the triple bottom line).

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Growth that depletes ecosystem services is sometimes termed "uneconomic growth" as it leads to a decline in quality of life.

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Minimising such growth can provide opportunities for local businesses. For example, industrial waste can be treated as an "economic resource in the wrong place". The benefits of waste reduction include savings from disposal costs, fewer environmental penalties, and reduced liability insurance. This may lead to increased market share due to an improved public image.

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Energy efficiency can also increase profits by reducing costs.

The idea of sustainability as a business opportunity has led to the formation of organizations such as the Sustainability Consortium of the [Society for Organizational Learning](#) , the Sustainable Business Institute, and the World Council for Sustainable Development.

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The expansion of sustainable business opportunities can contribute to job creation through the introduction of green-collar workers.

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### **Social dimension**

Further information: [Social sustainability](#)

Sustainability issues are generally expressed in scientific and environmental terms, but implementing change is a social challenge that entails, among other things, international and national law, urban planning and transport, local and individual lifestyles and ethical consumerism. [ [133](#) ] "The relationship between human rights and human development, corporate power and environmental justice, global poverty and citizen action, suggest that responsible global citizenship is an inescapable element of what may at first glance seem to be simply matters of personal consumer and moral choice." [ [134](#) ]

### **Peace, security, social justice**

Social disruptions like war, crime and corruption divert resources from areas of greatest human need, damage the capacity of societies to plan for the future, and generally threaten human well-being and the environment. [ [134](#) ] Broad-based strategies for more sustainable social systems include: improved education and the political empowerment of women, especially in developing countries; greater regard for social justice notably equity between rich and poor both within and between countries; and intergenerational equity.

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Depletion of natural resources including fresh water

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increases the likelihood of "resource wars".

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This aspect of sustainability has been referred to as [environmental security](#)

and creates a clear need for global environmental agreements to manage resources such as aquifers and rivers which span political boundaries, and to protect global systems including oceans and the atmosphere.

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### Human relationship to nature

According to [Murray Bookchin](#), the idea that humans must dominate nature is common in hierarchical societies. Bookchin contends that capitalism and market relationships, if unchecked, have the capacity to reduce the planet to a mere resource to be exploited. Nature is thus treated as a commodity: “The plundering of the human spirit by the market place is paralleled by the plundering of the earth by capital.” [\[ 138 \]](#) Still more basically, Bookchin argued that most of the activities that consume energy and destroy the environment are senseless because they contribute little to quality of life and well being. The function of work is to legitimize, even create, hierarchy. For this reason understanding the transformation of organic into hierarchical societies is crucial to finding a way forward.

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Social ecology, founded by Bookchin, is based on the conviction that nearly all of humanity's present ecological problems originate in, indeed are mere symptoms of, dysfunctional social arrangements. Whereas most authors proceed as if our ecological problems can be fixed by implementing recommendations which stem from physical, biological, economic etc., studies, Bookchin's claim is that these problems can only be resolved by understanding the underlying social processes and intervening in those processes by applying the concepts and methods of the social sciences. [\[ 140 \]](#)

[Deep ecology](#) establishes principles for the well-being of all life on Earth and the richness and diversity of life forms. This is only compatible with a substantial decrease of the human population and the end of human interference with the nonhuman world. To achieve this, deep ecologists advocate policies for basic economic, technological, and ideological structures that will improve the *quality of life* rather than the *standard of living*. Those who subscribe to these principles are obliged to make the necessary change happen.

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### Human settlements Sustainability principles

1. Reduce dependence upon fossil fuels, underground metals, and minerals
2. Reduce dependence upon synthetic chemicals and other unnatural substances
3. Reduce encroachment upon nature
4. Meet human needs fairly & efficiently [ [142](#) ]

One approach to sustainable living, exemplified by small-scale urban transition towns and rural ecovillages, seeks to create self-reliant communities based on principles of simple living, which maximise self-sufficiency particularly in food production. These principles, on a broader scale, underpin the concept of a bioregional economy. [ [143](#) ] Other approaches, loosely based around new urbanism, are successfully reducing environmental impacts by altering the built environment to create and preserve sustainable cities which support sustainable transport. Residents in compact urban neighbourhoods drive fewer miles, and have significantly lower environmental impacts across a range of measures, compared with those living in sprawling suburbs. [ [144](#) ]

Ultimately, the degree of human progress towards sustainability will depend on large scale social movements which influence both community choices and the built environment. [Eco-municipalities](#) may be one such movement.

[ [145](#) ]

Eco-municipalities take a systems approach, based on sustainability principles. The eco-municipality movement is participatory, involving community members in a bottom-up approach. In Sweden, more than 70 cities and towns — 25 per cent of all municipalities in the country — have adopted a common set of ["Sustainability Principles"](#) and implemented these systematically throughout their municipal operations. There are now twelve eco-municipalities in the United States and the [American Planning Association](#) has adopted sustainability objectives based on the same principles.

[ [142](#) ]

There is a wealth of advice available to individuals wishing to reduce their personal impact on the environment through small, cheap and easily achievable steps. [ [146](#) ] [ [147](#) ] But the transition required to reduce global human consumption to within sustainable limits involves much larger changes, at all levels and contexts of society.

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The United Nations has recognised the central role of education, and have declared a decade of education for sustainable development, 2005–2014, which aims to "challenge us all to adopt new behaviours and practices to secure our future".

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The Worldwide Fund for Nature proposes a strategy for sustainability that goes beyond education to tackle underlying individualistic and materialistic societal values head-on and strengthen people's connections with the natural world.

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## See also

- [Conservation biology](#)
- [Cradle to Cradle](#)
- [Environmental issue](#)
- [Extinction](#)
- [Introduced species](#)
- [List of sustainability topics](#)
- [Micro-Sustainability](#)
- [Outline of sustainability](#)
- [Sociocultural evolution](#)
- [Sustainable development](#)
- [The Venus Project](#)
- [The Zeitgeist Movement](#)
- [World Cities Summit](#)

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- [Elements of sustainability](#) at Microdocs
- [Roadmap for a Sustainable Earth](#) on-line book by [Hiroshi Komiyama](#) and Steven Kraines
- [Making Your Ecommerce Store Eco-Friendly](#)